

MAKING ROUTINE LABORATORY TESTS AFFORDABLE

T.R. MORRIS, ND, IMFCP



DR. T.R. MORRIS, ND, IFMCP

- Bastyr University Graduate
- Licensed Naturopathic Medical Doctor (ND)
- Institute for Functional Medicine Certified Practitioner (IFMCP)
- Lives & Practices in Seattle, WA USA
- Consults with patients worldwide
- <http://trmorrisnd.com>





THE 4-PILLARS OF GOOD HEALTH CARE

1. Regular physical exams
2. Discussing current concerns
3. Routine & Concern Specific Lab Tests
4. Personalized Recommendations to address the cause of any obstacles to optimal health

ESSENTIAL ROUTINE LAB TESTS

For all Adults:

1. CBC w/differential (Complete Blood Count)
2. CMP (Comprehensive Metabolic Panel, includes blood sugar)
3. Lipids (Total, LDL, HDL Triglycerides)
4. Thyroid function (TSH)
5. Urinalysis (dipstick)

GOOD NEWS
Requested by most primary care providers
and covered by most insurance companies

10 ESSENTIAL ROUTINE LAB TESTS

For all Adults:

1. CBC w/differential (Complete Blood Count)
2. CMP (Comprehensive Metabolic Panel, includes blood sugar)
3. Lipids (Total, LDL, HDL Triglycerides)
4. Thyroid function (TSH)
5. Urinalysis (dipstick)

6. Hs-CRP (C-Reactive protein)
7. Homocysteine
8. Magnesium (RBC)
9. Vitamin D (25-OH-D3)
10. DHEA (Di-Hydroxy Epi-Andosterone)

ADDITIONAL TESTS
needed to monitor health
and prevent disease

10 ESSENTIAL ROUTINE LAB TESTS

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BAD NEWS
**These vital tests are
usually not requested
or covered by insurance**



COST WITHOUT INSURANCE

For all Adults:

- | | |
|--|--------------|
| 1. CBC w/differential (Complete Blood Count) | |
| 2. CMP (Comprehensive Metabolic Panel, inc. blood sugar) | |
| 3. Lipids (Total, LDL, HDL Triglycerides) | |
| 4. Thyroid function (TSH) | \$413 |
| 5. Urinalysis (dipstick) | |
| <hr/> | |
| 6. Hs-CRP (C-Reactive protein) | |
| 7. Homocysteine | |
| 8. Magnesium (RBC) | \$824 |
| 9. Vitamin D (25-OH-D3) | |
| 10. DHEA (Di-Hydroxy Epi-Andosterone) | |

\$1237

SAVINGS THROUGH DR. MORRIS

For all Adults:

- | | |
|--|-------------------|
| 1. CBC w/differential (Complete Blood Count) | |
| 2. CMP (Comprehensive Metabolic Panel, inc. blood sugar) | |
| 3. Lipids (Total, LDL, HDL Triglycerides) | \$54 |
| 4. Thyroid function (TSH) | Includes draw fee |
| 5. Urinalysis (dipstick) | |
| 6. Hs-CRP (C-Reactive protein) | |
| 7. Homocysteine | |
| 8. Magnesium (RBC) | \$96 |
| 9. Vitamin D (25-OH-D3) | |
| 10. DHEA (Di-Hydroxy Epi-Andosterone) | |

\$150

SAVINGS THROUGH DR. MORRIS

88%

compared to direct prices without insurance



OTHER SPECIALTY TESTS YOU MAY NEED

Adult Women

- Ferritin, Serum Iron
- Hormone Panel (E, E2, P, 2:16E)

Adult Men - I

- PSA
- Testosterone (free & total)

Fatigue - I

- Adv. Thyroid (RT3, a-TPO, a-TG, TSI)
- AM-Cortisol

Nutritional Assays

- B-12
- Folic Acid
- Omega 3:6 ratio

Toxicity concerns

- GGT (γ - Glutamyl transferase)
- Blood lead
- Blood mercury

Cardiac concerns

- Advanced Lipid Profile
- Fasting Insulin
- Hgb-A1C

WHO BENEFITS?

If you are:

1. Without insurance
2. Insured but have high deductibles
3. Looking to ensure optimal health beyond the conventional standard of care

GET STARTED

1. Download the intake paperwork from <http://trmorrisnd.com/>
2. Locate a Quest Diagnostics service center near you.
3. Return forms and the lab phone & fax information via email.
4. Schedule 20-minute consultation to discuss chief concerns (\$50)
5. Pay for lab tests and consultation via PayPal or check.
(HSA and FSA accounts can be used)
6. Have your labs drawn. Results are usually available in <1 week.
7. Schedule additional consultations with Dr. Morris as needed.
(Currently: \$100/30-minutes or \$150/hour)

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